



THE ENVIRONMENTAL CHALLENGE

Some Things You Can Do to Support the Environment . . .

1. Conserve Energy

- Turn down the temperature setting on your furnace
- Turn up the temperature setting on your air conditioner (or turn it off)
- Unplug energy consuming devices not in use
- Purchase **Energy Star** Appliances, use energy efficient light bulbs
- Switch to an energy efficient vehicle
- Avoid idling your vehicle when parked; keep your speed down; check the pressure in your tires
- Walk or bicycle more and drive less

2. Conserve Water

- Use water sparingly; follow community water restrictions
- Add flow reducers on your taps
- If building a new house, purchase low flow / water conservation appliances
- Recycle water where possible

3. Reduce / Reuse / Recycle Your Wastes

- Reuse as much materials as you can
- Reduce the amount of wastes that you generate
- Put recyclables into your Blue Box
- Hold yard sales; donate items to neighborhood recyclers
- Bring toxic wastes, batteries, etc. to the Hazardous Waste Depot
- Compost your organic waste
- Do not litter; help out during community clean-up days

4. Become an Environmentally Aware Citizen

- Develop a respect for our magnificent environment (remember it supports our life)
- Read nature or environmental books; watch environmental videos; attend environmental seminars

5. Support Environmental Education

- Teach environmental respect to your children
- Provide them with positive examples of environmental stewardship
- Support environmental education

6. Become an Environmental Advocate

- Speak out about your concern for environmental protection
- Write letters to your political leaders
- Encourage less use of herbicides and pesticides in our food and environment
- Promote environmental health; purchase organic food

7. Become An Environmentally Friendly Consumer / Investor

- Purchase goods and services from demonstrated environmentally responsible organizations i.e., **Green Check**
- Purchase healthy / organic food products i.e., **Health Check**
- Invest in organizations that demonstrate environmental responsibility i.e., **Ethical Funds**

8. Appreciate Our Great Outdoors (not everywhere in the world is so fortunate)

- Go for nature walks / camping / cycling / skiing, etc



TOGETHER WE CAN MAKE A DIFFERENCE

